

Welcome! Your benefits are an important part of your overall compensation. We are pleased to offer a comprehensive array of valuable benefits to protect your health, your family and your way of life. This guide answers some of the basic questions you may have about your benefits. Please read it carefully, along with any supplemental materials you receive.

Eligibility

You are eligible for benefits if you work 30 or more hours per week. You may also enroll your eligible family members under certain plans you choose for yourself. Eligible family members include:

- Your legally married spouse
- Your registered domestic partner (RDP) and/or their children, where applicable by state law
- Your children who are your natural children, stepchildren, adopted children or children for whom you have legal custody (age restrictions may apply). Disabled children age 26 or older who meet certain criteria may continue on your health coverage.

When Coverage Begins

New Hires: You must complete the enrollment process within 30 days of your date of hire. If you enroll on time, coverage is effective on the first of the month following your date of hire.

If you fail to enroll on time, you will NOT have benefits coverage (except for company-paid benefits).

 Open Enrollment: Changes made during Open Enrollment are effective May 1, 2024 — April 30, 2025

Choose Carefully!

Due to IRS regulations, you cannot change your elections until the next annual Open Enrollment period, unless you have a qualified life event during the year. Following are examples of the most common qualified life events:

- Marriage or divorce
- Birth or adoption of a child
- Child reaching the maximum age limit
- Death of a spouse, RDP, or child
- You lose coverage under your spouse's/RDP's plan
- You gain access to state coverage under Medicaid or CHIP

Making Changes

To make changes to your benefit elections, you must contact Human Resources within 31 days of the qualified life event (including newborns). Be prepared to show documentation of the event such as a marriage license, birth certificate or a divorce decree. If changes are not submitted on time, you must wait until the next Open Enrollment period to make your election changes.

Medical—Harvard Pilgrim Healthcare

Advanced Home Care Services offers you a choice of three medical plans. Following is a high-level overview of the coverage available. Please refer to the Summary of Benefits and Coverages (SBC) for complete details.

Key Medical Benefits	HPHC Best Buy HMO	HPHC Best Buy HMO Focus Network	HPHC Best Buy PPO HSA
	In-Network Only	In-Network Only	In-Network & Out-of-Network ¹
Deductible (per plan year)			
Individual / Family	\$5,000 / \$10,000	\$5,000 / \$10,000	\$6,350 / \$12,700 ²
Out-of-Pocket Maximum (per plan year)			
Individual / Family	\$6,600 / \$13,200	\$6,600 / \$13,200	\$6,350 / \$12,700 ³
Covered Services			
Office Visits (physician / specialist)	\$30 / \$50	\$30 / \$50	\$0 After Deductible
Routine Preventive Care	\$0	\$0	\$0
Emergency Room	\$150 After Deductible	\$150 After Deductible	\$0 After Deductible
Urgent Care Facility	\$50	\$50	\$0 After Deductible
Inpatient Hospital Stay	patient Hospital Stay 20% After Deductible		\$0 After Deductible
Prescription Drugs (Tier 1 / Tier 2 / Tier3) / Tier 4 / Tier 5			
Retail Pharmacy (30-day supply)	\$5/\$20/\$30/\$50/20% to \$250	\$5/\$20/\$30/\$50/20% to \$250	Not Covered
Mail Order (90-day supply)	\$10/\$40/\$60/\$150/20% to \$750	\$10/\$40/\$60/\$150/20% to \$750	Not Covered

Coinsurance percentages and copay amounts shown in the above chart represent what the member is responsible for paying.

- 1. If you use an out-of-network provider, you will be responsible for any charges above the maximum allowed amount.
- 2. If you enroll one or more family members, you must meet the full FAMILY deductible before the plan starts to pay expenses for any one individual.
- 3. If you enroll one or more family members, you must meet the full FAMILY out-of-pocket maximum before the plan starts to pay eligible covered services

Voluntary Dental—Delta Dental MA Open Enrollment is held in June for a July 1 Effective date

Following is a high-level overview of the voluntary coverage available.

Key Dental Benefits	PPO Plus Premier -Voluntary Enhanced Plan In-Network & Out-of-Network ¹	
Deductible (per calendar year)		
Individual	\$50	
Family	\$150	
Benefit Maximum (per calendar year; Preventive, Basic, and Major Services combined)		
Per Individual	\$1,000	
Covered Services		
Preventive Services	100%	
*Basic Services	80%	
*Major Services	50%	

^{1.} If you use an out-of-network provider, you will be responsible for any charges above the maximum allowed amount.

Colonial Life— Voluntary Benefits

Advanced Home Care is pleased to offer voluntary benefit coverage with Colonial Life. During these challenging times, we recognize the heightened concern around your health, finances, insurance protection, and overall wellbeing. Colonial benefit advisors are available to speak with new employees to review coverage options, provide quotes, answer questions, and assist with completing enrollment.

Life Insurance

Having enough Life Insurance protection for you, your spouse, and children is an important part of every family's financial wellbeing. Depending on your life stage - a recent graduate with a pile of school loans, single or married, buying a home, have dependent children, getting ready for retirement, etc. - everyone's needs are different.

Critical Illness & Cancer Insurance

This policy provides you and your family additional financial protection and security during the lengthy, expensive recovery period of a serious illness. This policy provides a lump-sum tax-free cash benefit upon diagnosis (you select your desired coverage \$10,000-\$50,000) to help cover out-of-pocket expenses (medical bills, nursing care, travel, missed work, etc.) Several major illnesses are covered: COVID-19, Heart Attack, Stroke, Organ or Kidney Failure, Paralysis, Blindness, Coma, etc.

Disability Insurance

If you were unable to work due to an illness, injury, or maternity leave, how would you pay your bills? Colonial Life's disability benefits replace a portion of your income. It is important to take the time to review your current salary/earnings and any current sources of income replacement (like employer paid leave or state paid family leave) to identify the gaps in your income protection. Colonial Life will customize a policy based on your income needs and budget to ensure you are financially prepared for the unexpected.

Accident Insurance

Accidents are usually followed by a series of out of pocket costs, such as copays, deductibles, and other non-medical related expenses. Colonial pays cash benefits to you to help minimize the financial disruption. A schedule of benefits is payable for items such as ER visits, fractures, dislocations, hospitalization, & follow-up care. Benefits are paid directly to you, regardless of any other coverage they may have.

To schedule a meeting with a Benefit Advisor during the Annual Open Enrollment please click on the link below or scan the QR code.

https://calendly.com/mj-licata-1/advanced-home-care-open-enrollment?month=2024-04



Medical & Dental Weekly Contributions

MEDICAL RATES MAY 1, 2024—APRIL 30, 2025		
COVERAGE TIER	EMPLOYEE CONTRIBUTION WEEKLY COST	
HPHC Best Buy HMO		
Individual	\$97.90	
Employee + One	\$359.20	
Family	\$604.67	
HPHC Best Buy HMO—Focus Network		
Individual	\$89.73	
Employee + One	\$295.35	
Family	\$381.34	
HPHC PPO HSA		
Individual	\$35.64	
Employee + One	\$272.00	
Family	\$477.52	

DENTAL RATES JULY 1, 2024—JUNE 30, 2025		
COVERAGE TIER	EMPLOYEE CONTRIBUTION	
	WEEKLY COST	
Individual	\$6.12	
Employee + One	\$15.46	

Contact Information

Coverage	Carrier	Phone #	Website/Email
Medical	Harvard Pilgrim Healthcare	1-888-333-4742	www.harvardpilgrim.org
Dental	Delta Dental MA	1-800-872-0500	www.deltadental.com
Voluntary Benefits	Colonial Life	Customer Service 1-800-325-4368	www.coloniallife.com
Human Resources	Isuf Restelica	1-508-872-8700	isuf@advancedcarellc.com

Cost of Benefits: Your contributions toward the cost of benefits are automatically deducted from your paycheck. The amount will depend upon the plan you select and if you choose to cover eligible family members





MA Health Care Coverage Waiver Form

Employer Company Name: <u>ADVANCED HOME CARE SERVICES LLC</u>
Employee Name:
On behalf of myself and my eligible dependents (if any), I waive the option to enroll in Harvard Pilgrim Health Care health insurance offered at this time by or through my employer for the following reason:
Waiving Group Health Coverage
(Please select one of the following)
I am covered under another group plan as a spouse or dependent
I am covered by the MassHealth, Medicare, or Veterans Program
I am covered under another group plan sponsored by a second employer
I am covered under another carrier's plan sponsored by this employer
I am covered through a non-group, individual or private health care plan not offered through my employer
I do not wish to participate in health care benefits at this time (I am declining health insurance entirely)
If the reason stated above for waiving coverage is that you have coverage elsewhere, please provide the following information:
Carrier Name:
Subscriber Name:
I affirm that the information I have provided on this form is true and complete to the best of my knowledge and belief. I understand that Harvard Pilgrim may either refuse to renew coverage or terminate coverage, retroactive to the effective date, for any material misinformation (including omissions) contained in this form.
I understand that any person choosing to enroll at a time other than during my employer's open enrollment must meet Harvard Pilgrim's requirements for eligibility and the special enrollment rights summarized below.
Employee Signature: Date:

Notice of Special Enrollment Rights

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance coverage, you may in the future be able to enroll yourself or your dependents in this health plan, provided that you request enrollment within 30 days after your other coverage ends. In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents, provided that you request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

Special enrollment rights may also apply if you lose coverage under Medicaid or the Children's Health Insurance Program (CHIP) or become eligible for state premium assistance under Medicaid or CHIP. An employee or Dependent who loses coverage under Medicaid or CHIP as a result of the loss of Medicaid or CHIP eligibility may be able to enroll in this Plan, if enrollment is requested within 60 days after Medicaid or CHIP coverage ends. An employee or Dependent who becomes eligible for group health plan premium assistance under Medicaid or CHIP may be able to enroll in this Plan if enrollment is requested within 60 days after the employee or Dependent is determined to be eligible for such premium assistance.

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs, but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2024. Contact your State for more information on eligibility –

ALABAMA – Medicaid	CALIFORNIA – Medicaid
Website: http://myalhipp.com/	Health Insurance Premium Payment (HIPP) Program
Phone: 1-855-692-5447	Website:
	http://dhcs.ca.gov/hipp
	Phone: 916-445-8322
	Fax: 916-440-5676
	Email: hipp@dhcs.ca.gov
ALASKA – Medicaid	COLORADO – Health First Colorado (Colorado's
	Medicaid Program) & Child Health Plan Plus (CHP+)
The AK Health Insurance Premium Payment Program	Health First Colorado Website:
Website: http://myakhipp.com/	https://www.healthfirstcolorado.com/
Phone: 1-866-251-4861	Health First Colorado Member Contact Center:
Email: <u>CustomerService@MyAKHIPP.com</u> Medicaid	1-800-221-3943/State Relay 711
	CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/State Relay 711
spx	Health Insurance Buy-In Program (HIBI):
<u>5px</u>	https://www.mycohibi.com/
	HIBI Customer Service: 1-855-692-6442
ARKANSAS – Medicaid	FLORIDA – Medicaid
Website: http://myarhipp.com/	Website:
Phone: 1-855-MyARHIPP (855-692-7447)	https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hi
	pp/index.html
	Phone: 1-877-357-3268

GEORGIA – Medicaid	MASSACHUSETTS – Medicaid and CHIP
GA HIPP Website: https://medicaid.georgia.gov/health-	
insurance-premium-payment-program-hipp	Phone: 1-800-862-4840
Phone: 678-564-1162, Press 1	TTY: 711
GA CHIPRA Website:	Email: masspremassistance@accenture.com
https://medicaid.georgia.gov/programs/third-party-	
liability/childrens-health-insurance-program-	
reauthorization-act-2009-chipra	
Phone: 678-564-1162, Press 2	
INDIANA – Medicaid	MINNESOTA – Medicaid
Healthy Indiana Plan for low-income adults 19-64	Website: http://mn.gov/dhs/people-we-serve/seniors/health-
Website: http://www.in.gov/fssa/hip/	care/health-care-programs/programs-and-services/medical-
Phone: 1-877-438-4479	assistance.jsp
All other Medicaid	https://mn.gov/dhs/people-we-serve/children-and-families/health-
Website: https://www.in.gov/medicaid/	care/health-care-programs/programs-and-services/other-
Phone: 1-800-457-4584	insurance.jsp
	Phone: 1-800-657-3739
IOWA – Medicaid and CHIP (Hawki)	MISSOURI – Medicaid
Medicaid Website:	Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm
https://dhs.iowa.gov/ime/members	Phone: 573-751-2005
Medicaid Phone: 1-800-338-8366	
Hawki Website:	
<u>http://dhs.iowa.gov/Hawki</u>	
Hawki Phone: 1-800-257-8563	
HIPP Website:	
https://dhs.iowa.gov/ime/members/medicaid-a-to-	
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MAINE - Medicaid	NEW HAMPSHIRE – Medicaid
Enrollment	Website: https://www.dhhs.nh.gov/programs-
Website: https://www.mymaineconnection.gov/benefits/s	
?language=en_US	Phone: 603-271-5218
Phone: 1-800-442-6003	Toll free number for the HIPP program: 1-800-852-3345, ext
TTY: Maine relay 711	5218
Private Health Insurance Premium Webpage:	
https://www.maine.gov/dhhs/ofi/applications-forms	
Phone: 1-800-977-6740	
TTY: Maine relay 711	
NEW JERSEY – Medicaid and CHIP	SOUTH DAKOTA - Medicaid
Medicaid Website:	Website: http://dss.sd.gov
	Phone: 1-888-828-0059
http://www.state.nj.us/humanservices/	
dmahs/clients/medicaid/	
Medicaid Phone: 609-631-2392	
CHIP Website: http://www.njfamilycare.org/index.html	
CHIP Phone: 1-800-701-0710	TEVAO Marijarid
NEW YORK – Medicaid	TEXAS – Medicaid
Website: https://www.health.ny.gov/health_care/medicaid/	Website: <u>Health Insurance Premium Payment (HIPP) Program </u> Texas Health and Human Services
Phone: 1-800-541-2831	Phone: 1-800-440-0493
NORTH CAROLINA – Medicaid	UTAH – Medicaid and CHIP
Website: https://medicaid.ncdhhs.gov/	Medicaid Website: https://medicaid.utah.gov/
Phone: 919-855-4100	CHIP Website: http://health.utah.gov/chip
1 116116. 010 000 1100	Phone: 1-877-543-7669
NORTH DAKOTA – Medicaid	VERMONT- Medicaid
Website: https://www.hhs.nd.gov/healthcare	Website: Health Insurance Premium Payment (HIPP) Program
Phone: 1-844-854-4825	Department of Vermont Health Access
1 116116. 1 611 661 1626	(https://dvha.vermont.gov/members/medicaid/hipp-program)
	Phone: 1-800-250-8427
OKLAHOMA – Medicaid and CHIP	VIRGINIA – Medicaid and CHIP
Website: http://www.insureoklahoma.org	Website: https://coverva.dmas.virginia.gov/learn/premium-
Phone: 1-888-365-3742	assistance/famis-select
	https://coverva.dmas.virginia.gov/learn/premium-
	assistance/health-insurance-premium-payment-hipp-programs Medicaid/CHIP Phone: 1-800-432-5924
OREGON – Medicaid and CHIP	WASHINGTON – Medicaid
Website: http://healthcare.oregon.gov/Pages/index.aspx Phone: 1-800-699-9075	Website: https://www.hca.wa.gov/ Phone: 1-800-562-3022
PENNSYLVANIA – Medicaid and CHIP	WEST VIRGINIA – Medicaid and CHIP
Website:	Website: https://dhhr.wv.gov/bms/
https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP	
Program.aspx	Medicaid Phone: 304-558-1700
Phone: 1-800-692-7462	CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)
CHIP Website: Children's Health Insurance Program	
(CHIP) (pa.gov)	
(https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx)	
CHIP Phone: 1-800-986-KIDS (5437)	
(https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx) CHIP Phone: 1-800-986-KIDS (5437)	

RHODE ISLAND – Medicaid and CHIP	WISCONSIN – Medicaid and CHIP
Website: http://www.eohhs.ri.gov/Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)	Website: https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm Phone: 1-800-362-3002
SOUTH CAROLINA – Medicaid	WYOMING – Medicaid
Website: https://www.scdhhs.gov Phone: 1-888-549-0820	Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program January 1, 2024, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272) U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov 1-877-267-2323, Menu Option 4, Ext. 61565

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.

OMB Control Number 1210-0137 (expires 1/31/2026)

Notice of Special Enrollment Rights

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment no later than 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

In addition, if you have a new dependent due to marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment no later than 30 days after the marriage, birth, adoption, or placement for adoption.

Effective on April 1, 2009, if either of the following two events occur, you will have 60 days from the date of the event to request enrollment in your employer's plan:

- Your dependents lose Medicaid or CHIP coverage because they are no longer eligible.
- Your dependents become eligible for a state's premium assistance program.

To take advantage of special enrollment rights, you must experience a qualifying event and provide the employer plan with timely notice of the event and your enrollment request.

To request special enrollment or obtain more information, contact: Advanced Home Care Services

Human Resources (508) 872-8700

Notice of Privacy Practices

This plan provides health benefits to eligible employees and their eligible dependents as described in the summary plan description(s) for the Plan. The Plan may create, receive, use, maintain and disclose health information about participating employees and dependents while providing these health benefits. The Plan is required by law to provide notice to participants of the Plan's duties and privacy practices with respect to covered individuals' protected health information and has done so by providing to Plan participants a Notice of Privacy Practices, which describes the ways that the Plan uses and discloses PHI. To receive a copy of the Plan's Notice of Privacy Practices you should contact Member Services at your health insurance carrier.

Notice of Women's Health and Cancer Right Act

The Women's Health and Cancer Rights Act of 1998 requires group health plans to make certain benefits available to participants who have undergone a mastectomy. Specifically, a plan must offer mastectomy patients benefits for:

- All stages of reconstruction of the breast on which the mastectomy was performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses
- Treatment of physical complications of the mastectomy, including lymphedema

Our plan complies with these requirements. Benefits for these items generally are comparable to those provided under our plan for similar types of medical services and supplies. Of course, the extent to which any of these items is appropriate following mastectomy is a matter to be determined by the patient and her physician. Our plan neither imposes penalties (for example, reducing or limiting reimbursements) nor provides incentives to induce attending providers to provide care inconsistent with these requirements. If you would like more information about WHCRA required coverage, you can contact Member Services at your health insurance carrier.

Patient Protection Disclosure (HMO Plans Only)

Your health insurance carrier generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from your health insurance carrier or from any other person (including a primary care provider) to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals.

For information on how to select a primary care provider and for a list of the participating primary care providers, including those who specialize in obstetrics or gynecology, contact Member Services at your health insurance carrier.

Section 1557 of the Patient Protection and Affordable Care Act

Section 1557 is the nondiscrimination provision of the Affordable Care Act (ACA). The law prohibits discrimination based on race, color, national origin, sex, age, or disability in certain health programs or activities. Section 1557 builds on long-standing and familiar Federal civil rights laws: Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975. Section 1557 extends nondiscrimination protections to individuals participating in:

- Any health program or activity any part of which received funding from HHS
- Any health program or activity that HHS itself administers
- Health Insurance Marketplaces and all plans offered by issuers that participate in those Marketplaces. Section 1557 has been in effect since its enactment in 2010 and the HHS Office for Civil Rights has been enforcing the provision since it was enacted.

On December 31, 2016, the U.S. District Court for the Northern District of Texas issued an opinion in Franciscan Alliance, Inc. et al v. Burwell, enjoining the Section 1557 regulation's prohibitions against discrimination based on gender identity and termination of pregnancy on a nationwide basis. Accordingly, HHS' Office for Civil Rights (HHS OCR) may not enforce these two provisions of the regulation implementing these same provisions, while the injunction remains in place. Consistent with the court's order, HHS OCR will continue to enforce important protections against discrimination based on race, color, national origin, age, or disability, as well as other sex discrimination provisions that are not impacted by the court's order.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Important Notice from Advanced Home Care Services about Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Advanced Home Care Services and about your options under Medicare's prescription drug coverage. This information can help you decide whether you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. Advanced Home Care Services has determined that the prescription drug coverage offered by your health insurance carrier is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

CMS Form 10182-CC Updated April 1, 2017

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0990. The time required to complete this information collection is estimated to average 8 hours per response initially, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

What Happens to Your Current Coverage If You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Advanced Home Care Services coverage will not be affected. You may keep this coverage if you elect Part D and this plan will coordinate with Part D coverage.

If you do decide to join a Medicare drug plan and drop your current Advanced Home Care Services coverage, be aware that you and your dependents may not be able to get this coverage back.

When Will You Pay a Higher Premium (Penalty) to Join a Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Advanced Home Care Services and do not join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) if you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice or Your Current Prescription Drug Coverage...

Contact the person listed below for further information NOTE: You will get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Advanced Home Care Services changes. You also may request a copy of this notice at any time.

CMS Form 10182-CC Updated April 1, 2017

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For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You will get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans. For more information about Medicare prescription drug coverage:

- Visit <u>www.medicare.gov</u>
 - Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether you have maintained creditable coverage and, therefore, whether you are required to pay a higher premium (a penalty).

Plan Year: 2024

Employer: Advanced Home Care Services

Contact: Human Resources Address: 260 Cochituate Road

Suite 101

Framingham, MA 01701

Phone: (508) 872-8700

CMS Form 10182-CC Updated April 1, 2017

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